

Community Foundation for Planetary Healing

Also known as

The Planetary Healing Centre

(A company limited by guarantee)

Scottish Charity No: SC034826
Company No: SC257126

Annual Report & Financial Statements

For the year ended

5 October 2018

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Community Foundation for Planetary Healing

Annual Report & Statement of Account
For the year ended 5 October 2018

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Community Foundation for Planetary Healing

Trustees' Annual Report

For the year ended 5 October 2018

The trustees (who are also the directors of the company for the purposes of company law) present their report together with the financial statements and the independent examiner's report for the year ended 5 October 2018.

Reference & Administrative Information

Charity and Company Name:	Community Foundation for Planetary Healing
Also known as:	The Planetary Healing Centre
Charity Number:	SC034826
Company Number:	SC257126
Registered Office	Pirnie Ha', Cockburnhill Road, Balerno, Edinburgh EH14 7JB
Principal Address:	288 Portobello High Street, Edinburgh, EH15 2AS
Trustees:	Mark Halliday - Chairperson Margot Daru-Elliot (retired April 2018) Julie Huggins David Bates (retired November 2018) Newton Harper Mandy Peat (treasurer) Anne Henderson Claudia Goncalves (from November 2018) (Secretary) James Stout (from November 2018)
Advisers:	Alma Shearer, Emily Boyd, Stuart Keith, Joao Lima, Sara Beauregard, Claudia Goncalves
Company Secretary:	Margot Daru-Elliot (acting secretary)
Independent Examiner:	Chris Smith BSc (Hons) FCIE
Bankers	Royal Bank of Scotland 540a Lanark Road Edinburgh EH14 5EL

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Structure, Governance & Management

Governing Document

Community Foundation for Planetary Healing is a registered charity and a company limited by guarantee incorporated on 6 October 2003 and is governed by its Memorandum and Articles of Association.

Membership of the Foundation is open to all persons irrespective of age, sex, ethnicity, nationality, disability orientation, religion or beliefs who apply for membership and are approved by the Directors.

Appointment of Trustees

The Trustees, who are also the Directors of the Company, are elected by the membership at the AGM and serve for a maximum of five years when they retire from office. However, after their term of office has expired Trustees are eligible for re-election. The Trustees may at any time co-opt any person to be appointed as a Trustee to fill a vacancy in their number or as an additional Trustee, but a co-opted Trustee holds office only until the next AGM

Organisational Structure

The Trustees, who meet quarterly, are responsible for overseeing the running of the Company. Four voluntary coordinators are responsible for the day to day running of the projects under the supervision of a volunteer manager.

Risk Review

The Trustees keep the risks the Trust is exposed to under review and have adopted a number of policies and procedures to, as far as possible, minimise those risks.

Objectives & Activities

In October 2018 The Planetary Healing Centre celebrated 15 years of existence, distinguishing itself for delivering excellent services to currently targeted and stigmatized, people in society – the poor, destitute, disabled, unemployed or anyone in a critical financial situation. Their projects seek to help people from local communities who are struggling with their health and in an economically disadvantaged position, give them tools to help them cope with their situation, in addition supporting them to move on with their lives.

The charity offers holistic therapies in the holistic health project, the stress relief for un-paid careers project, various classes and groups as part of the community initiative, Planetary Healing bee project, nature connection for families project, deep nature connection programme, a holistic library, Monthly art exhibition, 2 holistic festivals a year and the Indigenous people's project.

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The charity's mission is to provide holistic ways and nature based programmes to support the health and wellbeing of people and planet bringing real, lasting, positive change to individuals and communities. They do that by providing therapeutic relief, relaxation and nature programmes to those suffering poverty, destitution, and/or struggling with poor mental and physical health.

In addition to the Holistic Therapies Project, the charity also ran nature related projects – Nature Connection for Families and Deepening our Nature Connection programmes. The nature programmes fight back Nature Deficit Disorder in modern society. Children, youngsters and adults in modern society spend so much time in front of electronic devices affecting their social interactions, personal health and creating social and behavioural problems, such as: lack of human contact; aggressive behavior, lack of physical exercise; obesity, which leads to physical ailments; signs of addiction caused by social media interaction.

For these reasons, the charity created the nature programmes to promote and strengthen human relations by interacting with nature and creating an escape from electronic devices. To that end, this year, with the help of the Henderson Charitable trust, in order to safely take baby prams to the woodland and include more people in the nature programmes, the charity built 6 bridges for better access in the community woodland in Balerno.

The Charity achieved its overall aim through the following main charitable activities this year:

HOLISTIC HEALTH PROJECT: The Holistic Health Project was created with the intention of supporting those who are struggling with their health – mental, physical, emotional, social - and are simultaneously in a critical financial position. The community has at their disposal a selection of therapies, namely: befriending, Transformational Breath®, massage, etc. which are delivered by an efficient team of volunteer therapists, who are qualified, insured and disclosed. A total of 63 people had access to this project this financial year and 33 were new people coming to this project for the first time.

STRESS RELIEF FOR UNPAID CARERS: Stress Relief for unpaid carers works in tandem with the Holistic Health Project. The purpose of this project is to support unpaid carers, who have been looking after someone and are feeling the weight that accompanies such responsibilities, namely: stress, fatigue, no time for themselves, lack of sleep, etc. A total of 34 carers had access to this project this financial year and 8 were new carer coming to this project for the first time.

NATURE CONNECTION FOR FAMILIES: With Tesco bags of help grant, the Nature Connection for Families was delivered in Edinburgh, Balerno (6 days) and Ayrshire (3 days) May to September. The goal of this project is to allow families to strengthen their bonds, relax, be away from electronic devices and

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address nature deficit disorder; all of this was achieved by spending time in nature and learning all about plants, flowers, bees, trees, animals, people, etc. Some of the activities performed this year were: crafts, learn and look after the woodland, play games in the woods, safely light a fire without a match or lighter, foraging, plant and harvest potatoes and onions, plant bee-friendly flowers, learn about bees. Some of the families attending Nature Connection have special needs children: 2 autistic children, 2 ADHD children, 1 hard of hearing child, 1 child with learning disability. A total of 47 people (19 adults and 28 children) attended this programme this year.

DEEPENING OUR NATURE CONNECTION: This year the charity continued the partnership with Falkland Centre for Stewardship where this programme was delivered. Even though there was no grant coming in for this project this year, the charity still managed to deliver part of it on a voluntary basis. Participants took part on several nature related activities, such as: bush craft; games; conservation; learn bird language, native trees, plants and its medicinal use; butterfly survey; clear pathways and maintenance of the woods; foraging, relaxation and distress in nature. A total of 70 people (39 adults and 31 children) attended this programme this year.

ART EXHIBITION The Planetary Art Exhibition was created to support local artists from the community. Ten artists exhibited with the charity this year. The art exhibition project will go on until Feb 2019

COMMUNITY INITIATIVE The Planetary Healing Centre has been delivering a wide variety of groups, workshops, training, private therapies. Most of these activities are coordinated and facilitated by members of the community. Some of these activities include: Guided Shamanic Meditation; Sound Journey; Mindfulness Classes; Sound Journey; Women Awakening, a circle created, delivered by women to support other women.

HOLISTIC WELLBEING FESTIVALS Over the recent years the charity changed its open days into a bi-annual Holistic Wellbeing Fundraising Festival, delivering their festival in October 2017 and in May 2018. Raising around £ 2,381.35 to support its charitable projects. With the two festivals, they brought together nearly 300 people, who had an opportunity to learn more about holistic therapies, participate in exciting workshops, enjoy nature and around 25 volunteers contributed with time and skills.

HOLISTIC BEE PROJECT The Planetary Healing Centre is considered a leader provided of Holistic Health services in Scotland since 2003 and even the bees are treated holistically. After losing two beehives which simply all died, we believe, due to weather and the mysterious reason that no one up to date, scientists included, have not managed to figure out, the charity reported that some bees seem to want to be looked after holistically and simply decided to move into the charity's empty clean hive. The new hive is looking really healthy and strong. The charity will keep looking after

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the bees holistically, interfering less possible, leaving them to eat the honey that they work so hard to gather and treating them with essential oils.

Spring 2018 the charity invited the community to join The Planetary Healing Centre's Pollinators Project. 150 people who visited the Centre just before spring time received a free kit to grow a Pollinators haven at home or in a nearby park. The kit contained a pack of wildflower seeds (RHS Perfect for Pollinators seeds) mixed in with granulated compost, recycled paper roll sample to make degradable containers to start seedlings and a set of instructions. The project helped the bees and other pollinators and also raised awareness about the problems the bees are facing.

HOLISTIC LIBRARY The Holistic Library continues to grow and inspire members of the community who borrow books. The charity has now over 600 books which were donated by the community allowing others to grow and support themselves.

INDIGENOUS PEOPLE PROJECT During summer 2017 the co-founders of the charity were approached by elders and Leticia Yawanawa representing the Indigenous women of 18 Amazonian tribes and asked for assistance to help the indigenous people of Acre in Brazil, to preserve their culture and wisdom. Leticia dreamed to build a healing centre where elders from 18 Amazonian tribes could gather and pass the healing arts and ancient knowledge to the next generation and to humanity. With the assistance of many generous people in Scotland, the Planetary Healing Centre managed to raise the funds needed and a lot of volunteers now are interested in going to Brazil to help this project and learn from the indigenous people. With this project the charity stood in solidarity with the indigenous people and also fulfilled one more of its constitutional aims and objectives: *Promote cultural exchange and voluntary community work between the UK, the Americas and other Continents.*

VOLUNTEERING PROGRAMME The charity relies heavily on volunteers to deliver the projects and in return they help the volunteers to gain experience, develop their private practice and whenever possible funds are raised to train the volunteers in other holistic therapies. This financial year the charity counted with the help of 49 volunteers. In 2009, the charity was accredited with "Investing in Volunteers", a programme that recognizes the support and excellence of management towards volunteers. The volunteers after being checked and accepted in the organisation are trained to deliver the projects. All therapists, in order to be able to volunteer with the charity, need to be qualified and insured in the therapies they deliver. They start volunteering after they are disclosed.

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Achievements & Performance

Outcomes and impact of the work

Ill-health, mental-health, stress, poverty and nature deficit disorder are only some of the problems the people who come to the charity are facing when they come to access the Planetary Healing projects.

How success is measured.

In the Nature programmes, success is measured through a Registration form with questions on needs and special needs and Evaluation forms at the end of the programme.

In the Holistic Therapies Projects, the success is measured through the analysis of the Needs Assessment Form and Evaluation Forms. The former is completed upon registration with the charity and the latter is completed at the end of 4, 8 and 12 sessions. At the end of 12 sessions which is usually equivalent to a year of receiving holistic support, clients need to leave the project or can move on to private therapies, so that others in need can access the project too. If their health condition is such, they can request to continue assessing another course of treatments in the project by filling out a form stating their health condition. The form is then passed to the management team to be assessed and approved.

The figures presented below are an overview of outcomes in terms of numbers and highlights the achievement for the financial year 2017–18 in the projects.

- 63 people received regular therapies in the Holistic Health Project and 33 of them were new to this holistic project.
- 34 carers accessed regular therapies in the Stress Relief for un-paid carers project and 8 of them were new to the carer's project.
- A total of 320 therapy sessions were delivered this year in both the Holistic Health and in the Stress Relief for unpaid Carer's Project with a total of 97 people being helped in both projects;
- 70 people (39 adults and 31 children) attended the Deepening our Nature Connection;
- 47 people (19 adults and 28 children) attended the Nature Connection for families;
- Approximately 300 people attended the Holistic Wellbeing Festivals;
- 10 artists exhibited their art one Month each at the Centre;
- 44 people volunteered regularly this year and 5 volunteered in one off events;
- 3 staff had their part-time contract renewed this year.
- 150 people received a free kit to plant flowers for the bees and other pollinators.

Users' background is usually are one of hardship, trauma, illness (mental, physical, emotional), financial adversity, which negatively affects their health, thus making their recovery harder.

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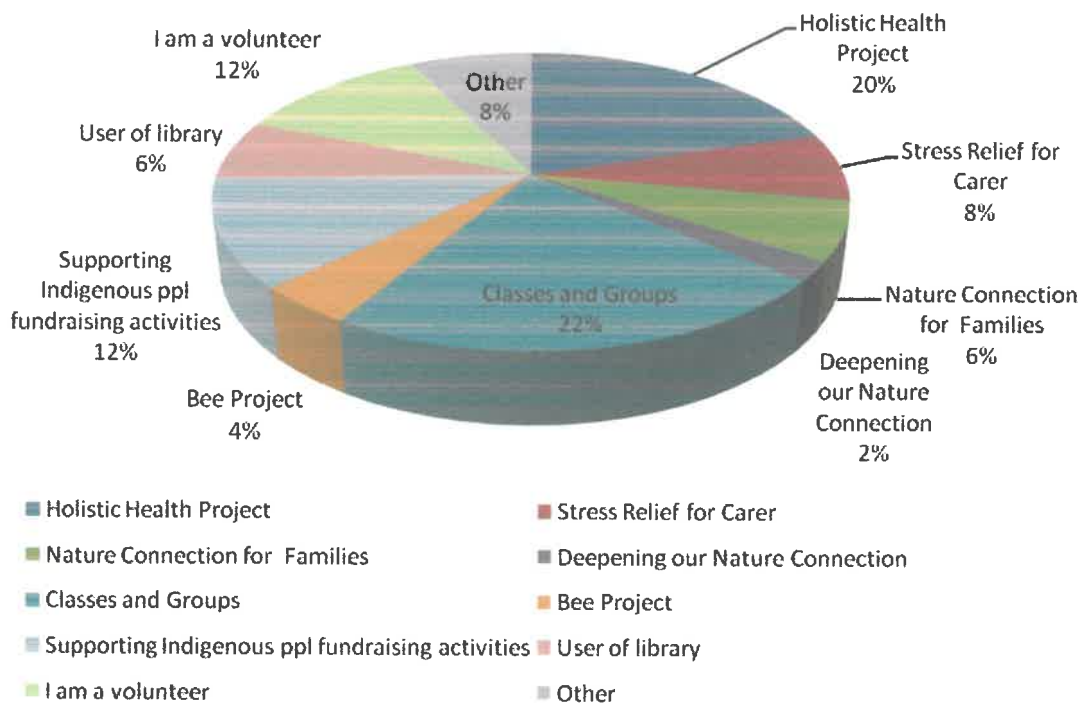
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COMMUNITY CONSULTATION

This year, in order to better serve the community, the charity did a consultation in April 2018 with the objective of finding out in what way the services respond to the community's personal and/or family needs and what can be done to adapt/adjust the projects to their needs. The results of the survey can be seen on the website at: <http://www.planetary-healing.org/annualreport.html>. Below is a snap shot of some of two of the questions asked.

What services provided by the PHC do you attend?

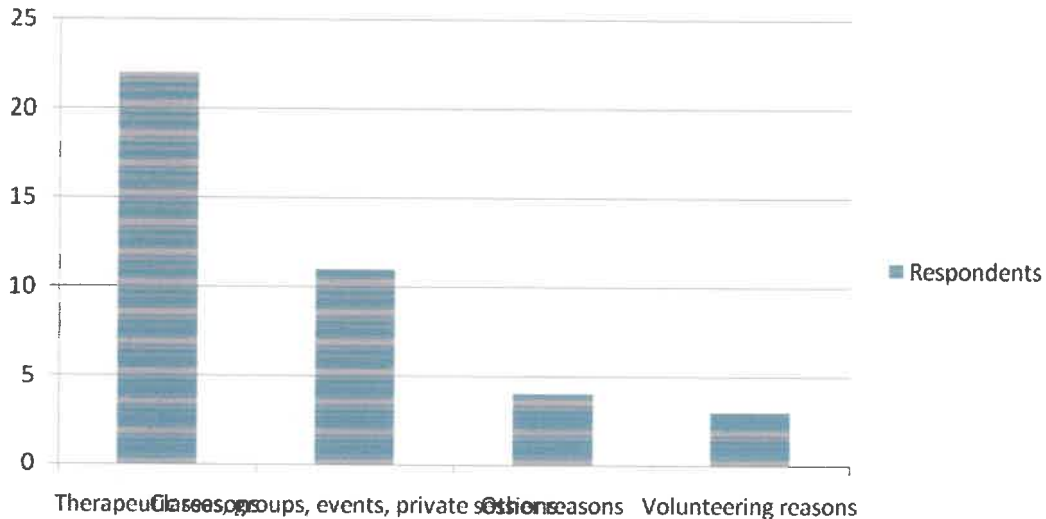


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Q2. Reasons why clients attend our services



FOR THERAPEUTIC REASONS:

1. De-stress and relax.
2. For therapies which are affordable and holistic.
3. I like to have time to myself. It also helps me to look after myself.
4. Brings peace and relaxation in a crazy world!
5. I am able to access holistic therapies that I couldn't access otherwise.
6. I am able to access holistic therapies that I couldn't otherwise access.
7. For the people, the place, the ethos.
8. Personal development, health issues.
9. To heal mentally, physically + spiritually.
10. To help de-stress and deal with anxiety and depression.
11. To get rid of physical pain.
12. For physical/mental wellbeing.
13. For continued physical and mental wellbeing.
14. Because I'm a carer.
15. Desire to learn what a therapy looks like, relax and get a helping feeling.
16. I am a carer - incredibly stressful, find a source for relaxation albeit temporary, through use of services. I can truly switch off & leave feeling soooo relaxed.
17. Access to affordable complementary therapies.
18. Health - mental emotional.
19. For health, wellbeing and self.
20. Cost effective, professional, diverse.

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21. Stress relief and support indigenous cultures.

OTHER REASONS TO ACCESS THE SERVICES

1. I find that the services offered meet the real and fundamental needs of the human race for personal development and community building and service to others.
2. I sense a strong foundation of integrity and good intentions in the project and also really appreciate its focus to reach all aspects of the community including those usually disenfranchised.
3. It's a community charity and also a shamanic healing woke me up years ago. It has also been a journey of self-healing.
4. Connect with self.

REASONS WHY PEOPLE VOLUNTEER:

" To volunteer and be of service to others."

" Self-empowerment, to help me move forward in my life as I was stuck due to depression and inability to set up my own practice, to help me connect with like-minded people and serve the community."

Future Plans

1. Start a new project on Children's Wellness.
2. Start a new project: Youth, Community, Connection in Falkland.
3. Start a new project in permaculture.
4. Start a new project: Cancer Holistic Care.
5. Continue supporting indigenous people of Brazil. *Kariri Xocó* tribe next.
6. Launch a new website.
7. Expand the capacity to generate unrestricted funds through the social enterprise Holistic Shop and charitable activities creating more sustainability.
8. Nurture the potential of the Planetary Healing staff with training.
9. Buy a bell tent and a stove for the festivals and use it to also deliver more workshops, groups and activities in the woodland.
10. Revitalise the Planetary Bee Project.

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Financial Review

The charity managed to keep the costs of the services delivered to a minimum thanks to the generosity of the team of volunteers which, this year, contributed in kind a total of £100,300. This was estimated from £46,500 (therapists), Management (£26,500), Day to day coordination (£15,800), Board of Trustees (£10,300), Deep nature connection volunteers (£1,200).

The project therapy in Portobello also benefits again from the donation of rent-free premises equivalent to £9,500 per annum from the co-founders.

In the 12 months covered by this report, the charity received income totaling £53,151 (2017: £33,710) primarily from its charitable activities, grants, fundraising and donations. The total expenditure was £44,680 (2017: £34,805) resulting in a surplus of £8,471 (2017: a deficit of £1,095). The surplus was added to the funds brought forward from the previous year so that at the 5 October 2018 the charity held total funds of £16,251 consisting of £1,067 in the unrestricted fund and £15,184 in the restricted fund.

It is the intention of the Trustees to build up and maintain £3,000 in free reserves (the unrestricted funds less the value of tangible assets not readily available to be spent) to allow the Foundation to meet timing differences between receipts & payments and to allow for any exceptional or unforeseen expenditure. At the 5 October 2018, the charity held free reserves of £323 (2017: £2,965) and had not met their target. The trustees will consider ways to build up the free reserves in the coming year.

This report has been prepared in accordance with the provisions for small companies under part 15 of the Companies Act 2006, was approved by the Trustees on 07/10/2019..... and signed on their behalf by:



.....
Mandy Feat, Treasurer

Community Foundation for Planetary Healing

Independent Examiner's Report

I report on the financial statements of the charity for the year ended 5 October 2018 that are set out on pages 14 to 21.

Responsibilities and basis of report

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Charities and Trustee Investment (Scotland) Act 2005 ("the 2005 Act") and the Charities Accounts (Scotland) Regulations 2006 ("the 2006 Regulations") and the Companies Act 2006.

I have satisfied myself that the charity is not subject to audit under Regulation (10)(1)(a)-(c) of the 2006 Regulations or company law and is eligible for independent examination. I have therefore examined your charity's accounts as required under section (44)(1)(c) of the 2005 Act and Regulation 11 of the 2006 Regulations. In carrying out my examination I have followed the guidance issued to independent examiners by the Office of the Scottish Charity Regulator (OSCR).

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. that accounting records were not kept as required by section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Regulations; or
2. that the accounts do not accord with those records; or
3. that the accounts do not comply with the accounting requirements of Regulation 8 of the 2006 Regulations; or
4. that there is further information needed for a proper understanding of the accounts.

Independent examiner's statement

I have completed my examination and I have no concerns in respect of any of the areas 1 to 4 listed above and I have found no other matters that require drawing to your attention.



Chris Smith BSc (Hons) FCIE
Glascairn Cottage
Aytounhill
Cupar
KY14 6JH

Date: 9/3/18

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Statement of Financial Activities (Incorporating Income & Expenditure Account) For the year ended 5 October 2018

	Note	Unrestricted Funds	Restricted Funds	2018 Total	2017 Total
		£	£	£	£
Income from:					
Donations & grants	5	12,479	20,723	33,202	22,267
Charitable activities	6	6,069	-	6,069	8,170
Fundraising	7	2,381	11,495	13,876	3,196
Investments		4	-	4	77
Total income		<u>20,933</u>	<u>32,218</u>	<u>53,151</u>	<u>33,710</u>
Expenditure on:					
Raising funds		-	1,457	1,457	322
Donation to indigenous people's project in Brazil		-	7,860	7,860	-
Charitable activities	8	24,037	11,326	35,363	34,483
Total expenditure		<u>24,037</u>	<u>20,643</u>	<u>44,680</u>	<u>34,805</u>
Net income/(expenditure)		<u>(3,104)</u>	<u>11,575</u>	<u>8,471</u>	<u>(1,095)</u>
Transfers		-	-	-	-
Net movement in funds		<u>(3,104)</u>	<u>11,575</u>	<u>8,471</u>	<u>(1,095)</u>
Reconciliation of Funds					
Funds brought forward		4,171	3,609	7,780	8,875
Net movement in funds		(3,104)	11,575	8,471	(1,095)
Funds carried forward		<u>1,067</u>	<u>15,184</u>	<u>16,251</u>	<u>7,780</u>

The statement of financial activities includes all gains and losses recognised in the period. All incoming resources and resources expended derive from continuing activities. The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006. The notes on pages 16 to 21 form an integral part of these accounts.

Community Foundation for Planetary Healing

Balance Sheet

As at 5 October 2018

	Note	Unrestricted Funds	Restricted Funds	2018 Total	2017 Total
		£	£	£	£
Fixed Assets					
Tangible assets	9	744	-	744	1,206
Current Assets					
Cash at bank & in hand		911	15,184	16,095	7,012
Total current assets		911	15,184	16,095	7,012
Current Liabilities					
Trade creditors		150	-	150	-
Accruals (examination Fee)		438	-	438	438
Total current liabilities		588	-	588	438
Net current assets		323	15,184	15,507	6,574
Net assets		1,067	15,184	16,251	7,780
Funds of the Charity					
Unrestricted funds		1,067	-	1,067	4,171
Restricted funds		-	15,184	15,184	3,609
Total Funds		1,067	15,184	16,251	7,780

The directors confirm that for the financial period ended 5 October 2018: -

- the company was entitled to exemption under section 477 of the Companies Act 2006, and
- no members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the 2006 Companies Act with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies' subject to the small companies' regime of the 2006 Companies Act. The notes on pages 16 to 21 form an integral part of these accounts.

Approved by the trustees on 07/10/2019.....2019 and signed on their behalf by:


 Mandy Peat, Treasurer

Community Foundation for Planetary Healing

Notes to the Financial Statements

For the year ended 5 October 2018

1 Basis of Preparation

1.1 Basis of accounting

These accounts have been prepared on the basis of historic cost in accordance with: -

- (a) The Charities & Trustee Investment Act (Scotland) Act 2005, and
- (b) The Charities Accounts (Scotland) Regulations 2006 as amended
- (c) The Company's Act 2006
- (d) Financial Reporting Standard 102 (FRS102) (Effective January 2015),
- (e) Charities SORP (FRS 102) (Effective January 2015)

1.2 The charity meets the definition of a public benefit entity as defined by FRS102.

1.3 The charity is dependent on the continuing support of donors. However, the trustees have no reason to consider that this will not continue or that there are any material uncertainties about the charity's ability to continue as a going concern.

2 Accounting Policies

2.1 Form of Financial Statements

The charity maintains two types of funds for accounting purposes: -

- (a) A general unrestricted fund that can be expended at the discretion of the trustees on furthering the objects of the charity, and
- (b) Restricted funds that may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

2.2 Income

- (a) Income is recognised and included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources; their receipt is probable; and the monetary value can be measured with sufficient reliability.
- (b) Where income has related expenditure the income and related expenditure are reported gross in the SOFA.
- (c) Funds received in advance and which specifically relate to a future accounting period are treated as deferred income.

2.3 Expenditure & Liabilities

- (a) Expenditure is accounted for on an accruals basis.
- (b) Liabilities are recognised as soon as there is a legal or constructive obligation to pay out resources; it is probable they will be paid and the monetary value can be measured with sufficient reliability.

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Notes to the Financial Statements

For the year ended 5 October 2018

2.4 Assets

(a) Tangible fixed assets are capitalised if they have a value greater than £250 and can be used for more than one year. They are valued at cost or, if gifted, at their value on receipt.

(b) Depreciation is calculated on a straight-line basis to write off the cost of tangible assets over their useful economic life as follows:

- Yurt & other equipment – 20%

2.5 Debtors

(a) Debtors are recognised at the settlement amount due

(b) Prepayments are valued at the amount prepaid

2.6 Cash

Cash at bank and in hand includes cash and bank deposits repayable on demand

2.7 Creditors

(a) Creditors are recognised where the charity has an obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due can be measured or estimated reliably. Creditors are normally recognised at their settlement amount, usually the invoice amount.

(b) Accrued charges are normally valued at their settlement amount.

2.8 Taxation

The charity is not liable to income or capital gains tax on its charitable activities. Irrecoverable VAT is included in the asset cost or expense to which it relates.

3 Trustee Remuneration, Expenses and Related Party Transactions

£77 each was paid to Claudia Goncalves and Julie Huggins, who are trustees, for coordination of the Deep Nature Connection programmes. These payments are permitted under Clause 5.3 of the Memorandum of Association.

Out of pocket expenses totaling £232 were reimbursed to three charity trustees.

The charity benefits again from the donation of rent free premises equivalent to £9,500 per annum from the co-founders Claudia Goncalves and Mark Halliday. This has been accounted for as a donation with an equivalent notional expenditure on rent.

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Notes to the Financial Statements

For the year ended 5 October 2018

4. Movement in Restricted Funds

During the year, the charity maintained the following restricted income funds:

Restricted to:	Opening balance	Income	Expenditure	Transfers	Closing balance
	£	£	£	£	£
Children's Project in Brazil	100	-	-	-	100
Nature Connection - Awards for All	443	-	443	-	-
Nature connection - Co-op donations	-	223	-	-	223
Reception - Henderson Charitable Trust	637	8,500	7,540	-	1,597
Groundworks - Tesco	1,538	-	1,538	-	-
Indigenous People Project	235	11,495	9,317	-	2,413
Volunteer Expenses - E<F	656	2,000	1,805	-	851
YOYP - Heritage Lottery	-	10,000	-	-	10,000
Total	3,609	32,218	20,643	-	15,184

5. Donations & grants	Unrestricted Funds	Restricted Funds	2018 Total	2017 Total
	£	£	£	£
General donations	10,979	223	11,202	10,717
Heritage Lottery Fund	-	10,000	10,000	-
Henderson Trust	1,500	8,500	10,000	6,550
Foundation Scotland	-	-	-	2,000
Tesco	-	-	-	2,000
Edinburgh & Lothians Trust Fund	-	2,000	2,000	1,000
Total	12,479	20,723	33,202	22,267

6. Charitable activities	Unrestricted Funds	Restricted Funds	2018 Total	2017* Total
	£	£	£	£
Community Initiative & Health Project	4,815	-	4,815	5,273
Other plus rental income	994	-	994	1,707
Deep Nature Connection	260	-	260	1,190
Total	6,069	-	6,069	8,170

*2017 figures all unrestricted

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Notes to the Financial Statements For the year ended 5 October 2018

7. Fundraising	Unrestricted Funds	Restricted Funds	2018 Total	2017* Total
	£	£	£	£
Shop sales	-	-	-	1,588
Various events	-	-	-	1,608
Fundraising Festival	2,381	-	2,381	-
For indigenous people's project in Brazil	-	11,495	11,495	-
Total	2,381	11,495	13,876	3,196

*2017 figures all unrestricted

8. Charitable activities	Unrestricted Funds	Restricted Funds	2018 Total	2017 Total
	£	£	£	£
Community Initiative & Health Project	1,217	443	1,660	6,084
Administration	7,448	7,540	14,988	10,376
Establishment	12,612	-	12,612	12,778
Volunteer expenses	-	1,805	1,805	1,344
Volunteer training	-	-	-	2,000
Equipment & maintenance	360	1,538	1,898	1,001
Other costs	1,078	-	1,078	-
Depreciation	462	-	462	462
Independent examination	438	-	438	438
Festival	422	-	422	-
Total	24,037	11,326	35,363	34,483

9. Tangible Assets	Equipment and Yurt
Cost	
At 6 October 2017	9,996
Additions	-
At 5 October 2018	9,996
Depreciation	
At 6 October 2017	8,790
Charge for the year	462
At 5 October 2018	9,252
Net book value	
At 5 October 2017	1,206
At 6 October 2018	744

Community Foundation for Planetary Healing

Notes to the Financial Statements

For the year ended 5 October 2018

10. Previous year information

In order to comply with FRS 102 to show corresponding amounts for the previous year for every figure in the financial statements and notes (not just the prior year totals), corresponding figures not provided elsewhere in these accounts are set out below:

Statement of Financial Activities for the year ended 5 October 2017

	Unrestricted Funds	Restricted Funds
	£	£
Income from:		
Donations	10,039	12,228
Charitable activities	8,170	-
Other trading activities	3,196	-
Investments	77	-
Total income	<u>21,482</u>	<u>12,228</u>
Expenditure on:		
Raising funds	322	-
Charitable activities	21,318	13,165
Total expenditure	<u>21,640</u>	<u>13,165</u>
Net movement in funds	(158)	(937)
Reconciliation of Funds		
Funds brought forward	4,329	4,546
Funds carried forward	<u>4,171</u>	<u>3,609</u>

10.2 Balance Sheet at 5 October 2017

	Unrestricted Funds	Restricted Funds
	£	£
Fixed Assets		
Tangible assets	1,206	-
Current Assets		
Debtors	-	-
Cash at bank & in hand	3,403	3,609
Total current assets	<u>3,403</u>	<u>3,609</u>
Current Liabilities		
Accruals (IE Fee)	438	-
Total current liabilities	<u>438</u>	<u>-</u>
Net current assets	<u>2,965</u>	<u>3,609</u>
Net assets	<u>4,171</u>	<u>3,609</u>
Funds of the Charity		
Unrestricted funds	4,171	-
Restricted funds	-	3,609
Total Funds	<u>4,171</u>	<u>3,609</u>

Community Foundation for Planetary Healing

Notes to the Financial Statements

For the year ended 5 October 2018

10.3 Movement of restricted funds 2016/17	Opening balance	Income	Expenditure	Transfers	Closing balance
	£	£	£	£	£
Children's Project in Brazil	100	-	-	-	100
Nature Connection - Awards for All Reception - Henderson Charitable Trust	3,446	443	3,446	-	443
Volunteer Training - Foundation Scotland	-	6,550	5,913	-	637
Groundworks - Tesco	-	2,000	2,000	-	-
Indigenous People Project	-	235	-	-	235
Volunteer Expenses - E<F	1,000	1,000	1,344	-	656
Total	4,546	12,228	13,165	-	3,609

10.4 Donations & grants 2016/17	Unrestricted Funds	Restricted Funds
	£	£
General donations	10,039	678
Awards for All	-	-
Henderson Trust	-	6,550
Foundation Scotland	-	2,000
Tesco	-	2,000
Edinburgh & Lothians Trust Fund	-	1,000
Total	10,039	12,228

10.5 Charitable activities 2016/17	Unrestricted Funds	Restricted Funds
	£	£
Community Initiative & Health Project	5,400	684
Co-ordinator & facilitator fees	813	2,130
Administration	888	6,545
Establishment	12,778	-
Volunteer expenses	-	1,344
Volunteer training	-	2,000
Equipment & maintenance	539	462
Other costs	-	-
Depreciation	462	-
Independent examination	438	-
Provision for bad debts	-	-
Total	21,318	13,165